

## **The Essure® Procedure**

### **New advancement in female sterilization**

Santé, Comprehensive Women's Healthcare is excited to offer patients the new Essure® procedure, the latest advancement in female sterilization. The Essure procedure is becoming the gold standard in permanent birth control, and is the only FDA-approved transcervical sterilization procedure available.

Unlike tubal ligation and vasectomy, the Essure procedure does not require an incision. Instead, micro-inserts are passed through the cervix, and uterus, and placed into your fallopian tubes.

During the first 3 months following the procedure, the body works together with the micro-inserts to form a tissue barrier that prevents sperm from reaching the egg. During this period, another form of birth control will be necessary.

After 3 months, Dr. Agneshwar will perform a test to confirm the fallopian tubes are completely blocked. At this time, the Essure micro-inserts can be considered a reliable method of birth control.

#### **Clinical and Patient Benefits:**

- Procedure performed in-office at Santé
- High safety profile
- High patient satisfaction
- No incisions
- No general anesthesia required
- Rapid return to normal activities
- Hormone-free

The Essure procedure is 99.80% effective at preventing pregnancy based on a 4-year follow-up. The Essure procedure has been demonstrated in a small portion of the women undergoing clinical studies to be 99.74% effective based on 5 years of follow-up.

#### **Patient Selection**

Appropriate candidates for the Essure procedure include:

- Women who are certain about their desire to end their fertility (the procedure should be considered irreversible)
- Patients who are not good surgical candidates for a tubal ligation
- Patients for whom a pregnancy would create medical risk
- Patients who are dissatisfied with their current contraceptive method

Dr. Agneshwar is currently accepting patient referrals for consultations for the Essure procedure. A good source of additional information about the Essure procedure for patients and health care professionals is available at [www.essure.com](http://www.essure.com).